



## EARLY HEAD START

For pregnant women and families with children birth to 3 years old

- » *Educating Families*
- » *Teaching Children*
- » *Providing Resources*
- » *Involving the Community*



### ABOUT EARLY HEAD START

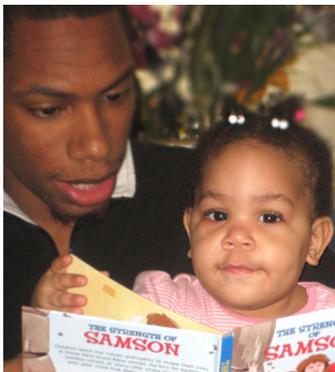
Early Head Start is a federally-funded child development and family support program for pregnant women and families with children birth to 3 years old. HFP's program is home-based and provides comprehensive services including early childhood education, health, nutrition, and family support. In addition, Early Head Start connects families to community resources and meets the special needs of children with disabilities.

### ELIGIBILITY REQUIREMENTS

*Families may be eligible for services if they:*

- » Are currently pregnant or have a child under 3 years of age
- » Live in the following zip codes: 19120, 19121, 19122, 19124, 19126, 19132, 19133, 19140, or 19141
- » Have a child with a disability
- » Have an income at or below the federal poverty guidelines

### WHAT TO EXPECT



- » Weekly home visits with parents & children by a trained child family advocate
- » Play groups for parents & children
- » Emotional health & wellness support
- » Prenatal & postpartum education
- » Case management /referrals to community organizations & resources



### FOR MORE INFORMATION



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